

# CHAPTER 12

## LAST WEEK STRATEGY

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If you decide to wait until the last minute—especially those of you on the West Coast, consider this. When the Mississippi Valley goes, there will start to be an exodus from the West Coast. Leave work, pack your gear, take the kids out of school if they are there, and get on the road. If you live near a rental trailer, trailer home or RV location, you may wish to quickly stop in and rent a trailer, RV, or trailer home.

**IMPORTANT NOTE:** Use that wrench to turn off the gas before you leave and flip the breaker switches to the off position. It will cut down on the possibility of a fire consuming your house (assuming the sea doesn't take it). In the 1906 San Francisco earthquake 28,000 houses and buildings were lost to fires, and of course this region is much more densely populated than then.

Traffic will really start to become heavy and will become worse and worse. Remember the scene when Houstonians were fleeing in front of the arrival of Hurricane Rita and Ike? They had to open both sides of the freeway because of the traffic jam. You do not want to get caught creeping along at 5 or 10 mph for hours on end, so leave within 12 hours if at all possible, even if it's the middle of the night. Traffic may even be lighter at that time so you'll make good time instead of waiting until the next morning and your typical rush hour traffic. I would suggest finding a hotel where you can stay for the night at least 300 miles away from the Mississippi River and 500 to 600 miles from Southern California (or in Las Vegas), and make a reservation for the following night. You'll be stressed and you will need a good night's sleep.

The other reason the traffic will increase is that I plan to fly first to San Diego to begin holding a series of press conferences first there, Tijuana, then the short drive up the freeway to Los Angeles, then short flights to San Francisco, Seattle, and Vancouver if I have time. I have been told in my meditation that I can do this, "but don't tarry." That simply means I have to get in and out of these places in two to three days maximum. When this information reaches many more people that have not read this book, the freeways out of these cities will start looking like parking lots.

Keep your gas tank(s) as full as possible entering this period. That way you don't have to stop, losing precious time. Even if you have half-a-tank or more, leave the city. You can always fill up 100 or so miles down the highway, where lines won't be as long. Leave gas for those who will come behind you, as I can guarantee that service stations will start running out of gas as thousands of cars try to fill up before departing, just as they did before Ike. You don't want it on your conscience that

**you took gas that could have gotten another family out of the city. Be sure to buy some sandwiches or quickly make some that you can eat on the road without having to wait in long lines at fast-food restaurants or even at convenience stores along the way. You want to drive as far away as possible in 12 to 14 hours.**

**Plan your evacuation from the city now. If possible, plot out two or three different routes to follow if the main freeway is packed.**

**There are many streets and older highways that run parallel to the freeways. It's better to travel at 25 to 40 mph than to creep along at 5 mph on the freeway. It will also be easier for you to find a service station on these roads, if you need it, than sticking to the freeway and having to line up behind 20 other vehicles. Keep in mind that there will be idiots on the road that are driving on the sides of the road and even honking everyone over. Please take pity on them as they are terrified, so let them through. Avoid road rage. You may very well see them down the way alongside the road, victims of someone else's retaliatory road rage.**

**Below is the QUAKE LAST MINUTE CHECKLIST. This is the essential list of items you CANNOT FORGET to bring!**

## **QUAKE LAST MINUTE CHECKLIST**

- 1. KIDS—Don't forget them!**
- 2. PETS—Don't forget them either!**
- 3. Turn off the electrical power to your house.**
- 4. Use a wrench to turn off the gas for your house (both of these will help prevent fires).**
- 5. Food, including pet food.**
- 6. Ice Chest with Lots of Ice**
- 7. Water**
- 8. Knapsack and/or backpack for each family member.**
- 9. Toilet Paper**
- 10. Valuable Papers:**
  - A. Birth Certificates**
  - B. Passports**
  - C. Driver's Licenses**
  - D. Insurance Policies**
  - E. Ownership Papers—Deeds, etc.**
  - F. Stocks and Bonds**
- 11. Clothing**
- 12. Jackets**
- 13. Walking shoes for everyone**
- 14. Flashlights and Batteries**
- 15. Radio with Battery**
- 16. TV (small) with Battery, if possible**

17. Cell phones and chargers, car charger
18. Camping Supplies
19. Cash Money (Small denominations)
20. Garbage Bags
21. Toilette Supplies
  - A. Tooth Brushes
  - B. Tooth Paste
  - C. Deodorant
  - D. Shampoo
  - E. Towels and Wash Cloths
  - F. Sanitary Napkins
  - G. Razors with extra blades
22. Ponchos or raincoats
23. Jumper Cables
24. Gas Can—5 gallons
25. Gas Siphon tube \*
26. Collapsible Camp Toilette
27. Tent
28. Swiss Army Knife
29. Medicines and Prescriptions
30. Matches or Electrical Fire Starter
31. Candles
32. Blankets and/or Sleeping bags
33. Plastic Sheets to lay blankets on
34. Laptop and/or Blackberry/Iphone & all cords
35. All Credit Cards

If you don't have all of these items, don't stop to buy them until you are well on your way (assuming you're not waiting until 3 or 4 days after the Mississippi Valley earthquakes). You can stop at a Wal-mart, Target, Costco or similar stores to purchase what you need, but down the road at least 200 or 300 miles. Every mile you can drive puts you farther away from the danger zone.

**WORDS OF CAUTION:** If the earthquakes block your way, **DON'T STAY IN YOUR CAR AND EXPECT HELP TO ARRIVE.** It may be several days or even weeks, especially for those on the Pacific Coast. There will be hundreds of thousands of people on the highways in exactly the same situation as you. For those on the Pacific Coast, rescues will begin from the east, so the closer you are to those rescuers, the sooner you will be fed and taken care of. Try and work your way over to the far shoulder of the highway; park and leave your cell phone number and name inside on the dash of the car; lock it, pack your knapsacks or backpacks and begin to walk east. Those who don't stand a good chance of starving to death. That's why you need walking or hiking shoes.

**EXTRA WORDS OF CAUTION:** When you start to hike out, keep your food out of sight. If there are any grocery or supermarkets open (or fast food), eat a full

**meal, then try and carry as much with you as possible and eat that the first two days or so. If someone steals that from you, you still have the food in the knapsack. Then you may have to put on an act as you walk along that you're as thirsty and hungry as everyone else. Try to find a secluded place to eat. People will become desperate and will attack you for food. Try and walk as many miles the first one or two days as possible, as you and/or your children may become tired, especially if your food supply is dwindling. If there is another road parallel to the highway, consider that one, as you might have a better chance of staying safe and possibly getting a ride, even if it's just a couple of miles or so at a time.**

**I'm going to repeat this checklist in the Appendix so that you can tear it out and use it as your last minute checklist.**

**\*(NOTE: The gas siphon tube may mean the difference in life or death in case you're caught traveling when the earthquakes strike. If you can continue to drive, you will eventually need gas, and there will be no electricity for the gas pumps. But there may very well be abandoned cars and wrecked cars on the road. It's OK to siphon from these vehicles BUT NOT IF SOMEONE IS IN THEM OR APPEARS THAT THEY WILL RETURN! You'll have this on your conscience the rest of your life, and I guarantee you'll have to undergo the experience of having your means of escape from a wildfire, flood, volcano, or another earthquake taken from you some day. You can also pick up people stalled and take them with you and they will let you have their gas. These are Benevolent actions.)**

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